



PGD Training Health Improvement

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Requirements for Accreditation

Pharmacists wishing to provide services must complete the following accreditation:

1. CPPE distance learning: Safeguarding Adults and Children Level 2 (1.5 hours to complete)
2. Attendance at a training event hosted by B&NES Council; tonight!
3. Successfully undertake a DBS enhanced check
4. Signed enhanced service contract issued by Virgin Care
5. Sign the doxycycline PGD

We require you to submit evidence of **all** these items before you commence the service.
Evidence is submitted through self enrolment on Pharmoutcomes.

If you are attending for update we still require evidence that all the above is in place.



Pharmacy sexual health service structure

- Condoms, chlamydia tests, pregnancy tests (can be provided by pharmacist **and** suitably trained support staff)
- Levonorgestrel for EHC and Doxycycline for positive asymptomatic chlamydia infection (can be provided by accredited pharmacist **only** via PGD)



Condom provision (≤24)

- Via C-card scheme - A coordinated approach to condom distribution, which offers free condoms to 13-24 year olds in BANES.
- Registration through a consultation with a trained professional at a registered venue
- Pharmacies are usually an ongoing supply venue, and not there to register new clients. A full list of venues can be found on the website www.safebanes.com
- Pharmacies *can* become registration points –counter staff may be able to deliver this – but as likely to involve work with u16s requires those staff to have DBS checks
- Provision of one pack per visit, pack consists of written info, condoms, lube and signposting info
- Record on Pharmoutcomes





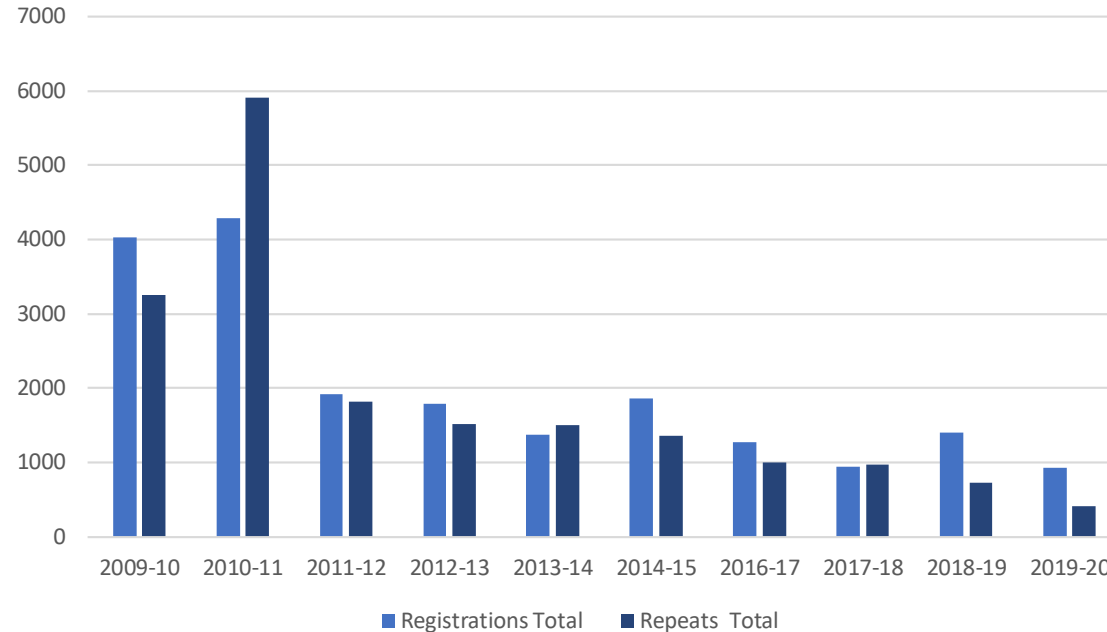
Advantages of the C Card Scheme

The C Card:

- » Supports and empowers young people to access free condoms and confidential information and support
- » Supports a holistic approach to sexual health which lends the opportunity to talk to individuals about broader sexual health and relationship issues
- » Strengthens the 'SAFE' brand which ensures quality and consistency across partner agencies
- » Gives young men an alternative route into sexual health services
- » Provides a flexibility to sexual health services.



Ccard new & rpts 09/10 – 19/20



- Number of new registrations have declined from 2009/10 (the first full year of Ccard) to 2019/20 by **77%**, and the number of repeat visits has decreased by **87%** over the same period
- Under-reporting** by venues likely to be impacting data
- C-card registrations and repeat visits continue to decline. It is not clear whether this is because of data collection issues or a true reflection. Lack of data is likely to be a significant factor.



Where do we go from here?

- If your service would like to offer Ccards we provide one-off **Free** training to staff and refresher sessions as needed
- **Free** Ccards and condoms provided





Chlamydia test kits (≤ 24)

- Can provide chlamydia test kits opportunistically e.g. with the dispensing of contraceptives, sale of condoms
- Pharmacy orders kits via Avon Chlamydia Screening Programme (0117 342 9299; csp.avon@UHbristol.nhs.uk)
- Avon Chlamydia Screening Programme provide dual chlamydia and gonorrhoea test

Chlamydia test kits (≤ 24)

- Different tests available for men (urine) and women (vaginal self-swab)
 - Men must not have urinated for 1 hr. prior to providing a sample & preferably catch the first part of the urine
 - Women can be tested during their period but not advisable. The female kits come with preservative liquid already in them
- No need to record on Pharmoutcomes



Pregnancy test kits (≤ 24)

- Provide free pregnancy test kit from pharmacy stock upon request **OR** where the pharmacist deems a clinical need – e.g. where someone feels they might be pregnant
- Repeat issues can be made but client should be encouraged to access sexual health services to discuss contraceptive methods; also consider **safeguarding**
- Do not get involved in decision making, discussion of options or interpretation of results
- Record on Pharmoutcomes



EHC provision via PGD (>13s – <25)

- For female clients only 😊
- All requests must be dealt with personally by pharmacist in the consultation room
- Follow PGD and if EHC is required dispense and provide leaflets, offer condoms, can offer chlamydia kit if appropriate
- If EHC not required, explain why, refer/signpost if appropriate
- Record on Pharmoutcomes



For both PGDs, the client should leave with...

Verbal information

- Pharmoutcomes has a check list to assist you, with links for further information

Written information

- Patient Information Leaflets
- Contact details for sexual health services



Referral and signposting

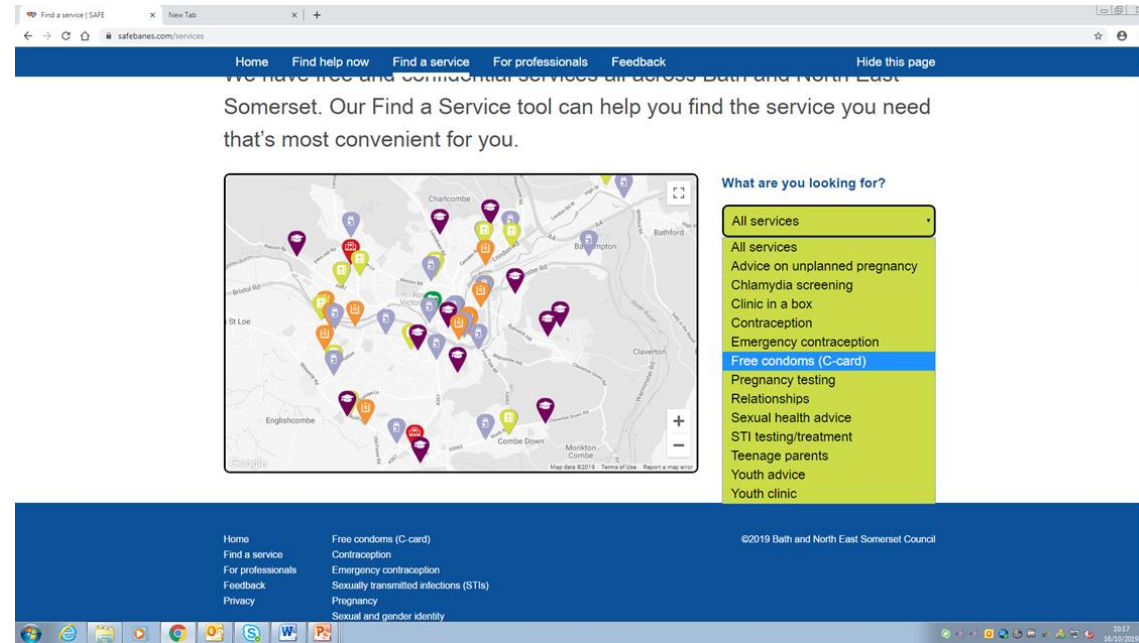
Each pharmacist must be individually accredited to work under the PGDs.

If an accredited pharmacist is not available in pharmacy then ensure you can signpost to another provider (please ensure your locums and wider pharmacy staff are aware of this)

Options may include:

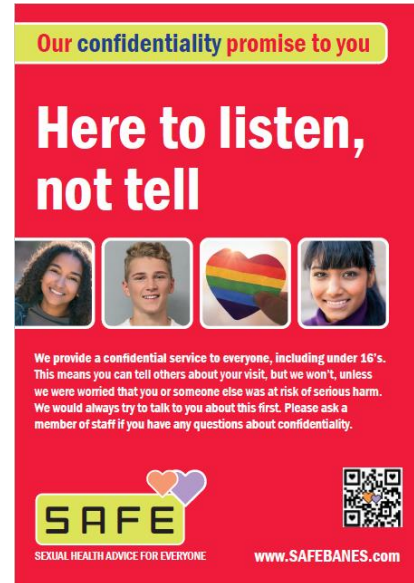
1. Another pharmacy with an accredited pharmacist (**phone to check if accredited pharmacist is available first**)
2. Local sexual health services (The Riverside Clinic)
3. GP surgery
4. OTC sale

SAFE BANES website



- » New COVID-19 dedicated page on the website - <https://www.safebanes.com/covid-19>

SAFE branded resources



- » New QR code and updated website on posters and cards.
- » Services can order all resources available in catalogue via Bathnes.healthylifestyleservice@virginicare.co.uk

Sexual health training

- » Condom Card (C-Card) training – **Virtual training available**
- » Becoming a SAFE Branded Service
- » Pharmacy Sexual Health Enhanced Service training
- » Supporting Young People with their Sexual Health
- » Working with Lesbian, Gay, Bisexual and Transgender (LGBT) Young People and Sexual Health
- » Alcohol, Drugs and Risk Taking Behaviours
- » Strategies to Support the Sexual Health Needs of Young People with Learning Disabilities
- » Impact of the Internet and Pornography on Sex and Relationships
- » Basic Sexual Health (new course being developed)

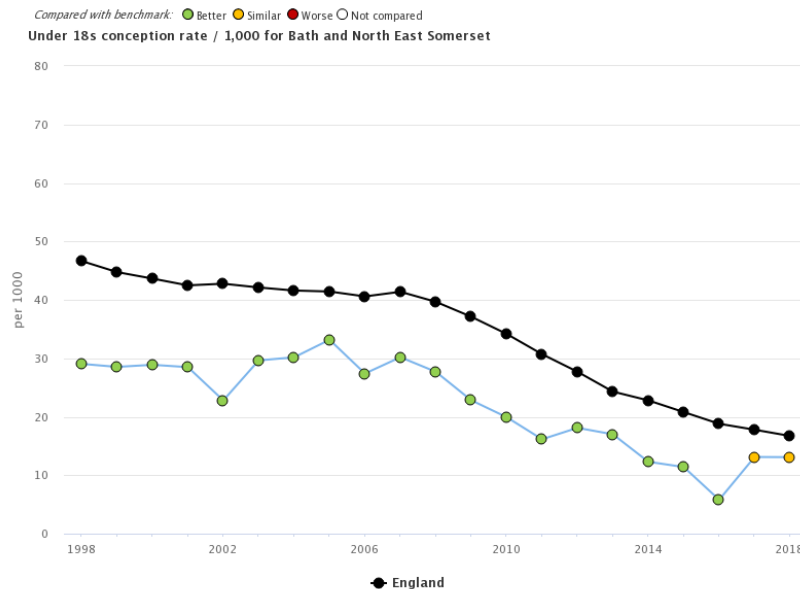
free

Face to face training currently on hold



Why is it important to address young people's sexual health?

Nationally Teenage Pregnancy rates are the lowest since records began, however there are still young women who are getting pregnant when they don't want to be....



Period	Bath and North East Somerset				South West	Englan
	Count	Value	95% Lower CI	95% Upper CI		
1998	82	29.0	23.1	36.1	39.4	46.
1999	78	28.5	22.6	35.6	37.5	44.
2000	78	28.9	22.8	36.1	36.3	43.
2001	79	28.5	22.6	35.5	37.1	42.
2002	66	22.8	17.6	29.0	35.4	42.
2003	87	29.6	23.7	36.6	34.2	42.
2004	90	30.2	24.3	37.1	34.6	41.
2005	96	33.2	26.9	40.5	34.6	41.
2006	76	27.4	21.6	34.3	33.8	40.
2007	85	30.2	24.1	37.3	36.9	41.
2008	83	27.7	22.1	34.3	35.3	39.
2009	71	22.8	17.8	28.8	32.6	37.
2010	61	19.9	15.2	25.6	30.0	34.
2011	49	16.2	11.9	21.4	27.3	30.
2012	53	18.1	13.5	23.7	24.8	27.
2013	51	17.0	12.7	22.4	21.2	24.
2014	37	12.3	8.6	16.9	18.8	22.
2015	34	11.4	7.9	15.9	16.8	20.
2016	17	5.8*	3.4	9.3	15.8	18.
2017	38	13.1	9.3	18.0	14.9	17.
2018	37	13.1	9.2	18.0	13.3	16.

Source: Office for National Statistics (ONS)

(PHE, 2020)

Chlamydia screening and detection rates

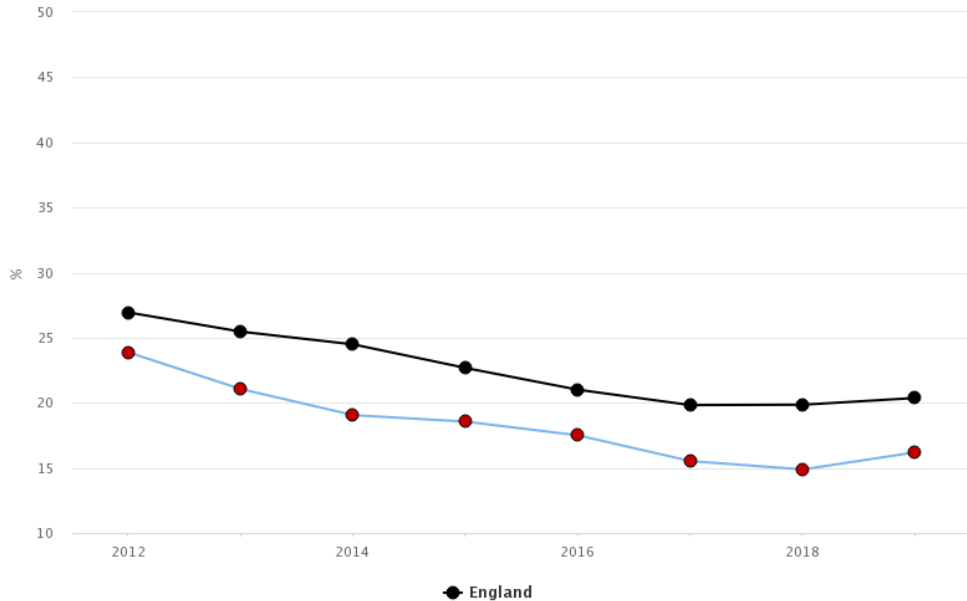


In 2019 B&NES was lower than the national average for both Chlamydia screening and detection rates. It is important for young people to feel confident to access screening and treatment for STI's.

Compared with benchmark: Better Similar Worse Not compared Lower Similar Higher Not compared Quintiles:

Low High Not applicable

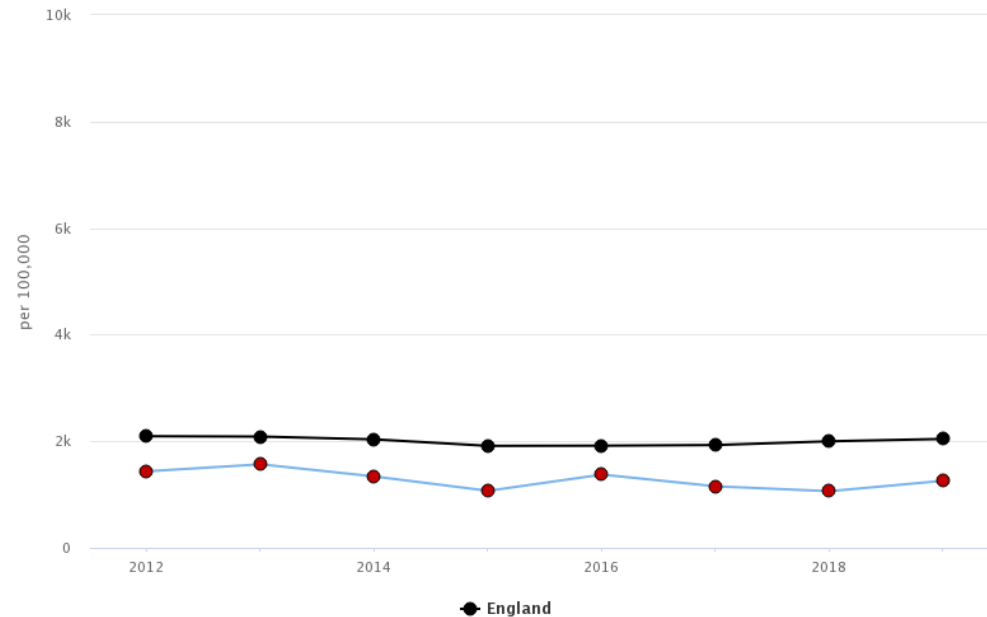
Chlamydia proportion aged 15 to 24 screened for Bath and North East Somerset



Compared with benchmark: Better Similar Worse Not compared Lower Similar Higher Not compared Quintiles:

Low High Not applicable

Chlamydia detection rate / 100,000 aged 15 to 24 for Bath and North East Somerset



SHEU Survey



7 out of 10 pupils in Year 10 know where to get condoms free of charge



Boys



8 out of 10 boys and 9 out of 10 girls in Year 10 said that the pill was reliable for preventing pregnancy

Girls



Year 8

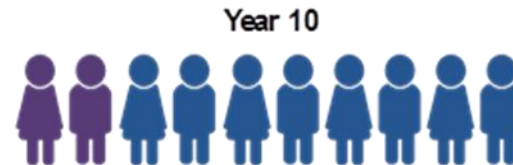


2 out of 10 Year 8 pupils and 6 out of 10 Year 10 pupils said that they know how to prevent chlamydia

Year 10



2 out of 10 pupils in Year 10 said that they have had sex



(*2019 Children and Young People Wellbeing Survey: Secondary School Results)



Overcoming barriers to young people accessing sexual health



- » Accessibility of service
- » Publicity
- » Confidentiality and consent
- » Environment
- » Staff training, skills, attitudes and values
- » Joined-up working
- » Young people's involvement in monitoring and evaluation of patient experience
- » Health issues for young people
- » Sexual and reproductive health services

Department of Health, 2011



What is SAFE?

Quality assurance scheme offered to all organisations in B&NES that provide sexual health services, information and advice to young people aged 13-24.

Why become SAFE branded?

1. Increase the visibility, trust, consistency and uptake of sexual health services locally
2. Develop a benchmark of quality standards to enhance existing service provision to young people.

In a nut shell.... if your SAFE accredited, young people know that they will feel safe and welcomed in your service when they see the SAFE logo

Complete a SAFE toolkit to become accredited!



SEXUAL HEALTH ADVICE FOR EVERYONE



Child Sexual Exploitation

Child sexual exploitation is a form of child sexual abuse. It occurs where an individual or group takes advantage of an imbalance of power to coerce, manipulate or deceive a child or young person under the age of 18 into sexual activity (a) in exchange for something the victim needs or wants, and/or (b) for the financial advantage or increased status of the perpetrator or facilitator. The victim may have been sexually exploited even if the sexual activity appears consensual. Child sexual exploitation does not always involve physical contact; it can also occur through the use of technology.

Department of Health, 2017

1 in 3 victims of CSE is a boy



Child Sexual Exploitation (CSE) - Health Education England

https://youtu.be/sC4Nn_mYKu0



Pharmoutcomes Proforma

Service Design

- Browse Service Library
- View service accreditations
- Edit Service Design
- Preview Claim for this service

Provision Reports Preview

Basic Provision Record (Sample)

Service Support

To view the Levonorgestrel PGD [click here](#).

EHC from 1st May 2018 (Preview)

Enrolment Requirements [Preview Service for Commissioner](#)
The commissioner requires that the individual delivering this service meets certain criteria. Enter either your **name** or **registration number** in the box below and select from the list that appears.
Practitioner Name
**Enter your full name in the box above...
Then either select your name when it appears,
or select "New Practitioner" if you have not enrolled before**

Provision Date
Name
Date of Birth
10 years of age
Ethnicity
Postcode
Address
Contact Details
GP Practice
 try to filter results by "nearest first" ...
... nearest to either patient postcode (if found)
otherwise your provider postcode

The client may be unwilling to provide details of their GP. If this is the case please record as "Not Registered".

As the client is under 13 you have statutory duty to report this supply to your designated safeguarding lead

Patient consent for service? Yes No
Confidentiality policy explained? Yes No

Patient Safeguarding

Age considerations

Child Protection

If under the age of 16, please refer to local child protection guidelines if appropriate. For guidance and safeguarding contacts details [click here](#).

Special Consideration

Applies to all under 13 years of age. For guidance and safeguarding contacts details [click here](#).

Fraser Competency Status

- Not applicable (16 or over)
- Assessed client understanding
- Encouraged parental involvement
- Assessed physical mental effects of withholding treatment
- Acting in best interest of young person

These questions are designed to help identify any potential risk posed to the young person by a coercive or abusive partner.

Bichard Checklist

- Age or power imbalances?
 - Overt aggression?
 - Coercion or bribery?
 - Is young person unable to consent because they are intoxicated?
 - Attempts to secure secrecy (beyond what would be considered normal in a teenage relationship)?
 - Does the child deny, minimize or accept concerns?
 - Are the methods used consistent with grooming?
 - Is the sexual partner known by one of the agencies (e.g. police)?
 - Other safeguarding concerns
 - None apply
- Tick all that apply

Any safeguarding concerns identified? Yes No

For guidance and safeguarding contacts details [click here](#)



What to do if you are worried

If professionals are concerned about a young person being at risk, they must follow their safeguarding procedures.

Call Children's Social Work Services on 01225 396312 or 01225 396313

<https://beta.bathnes.gov.uk/report-concern-about-child>

BANES also has a project named Willow that works with young people at risk of exploitation. To refer to this project professionals need to complete a referral form and the young person must be consenting. Referral forms can be obtained by emailing Willow_CSEReferrals@bathnes.gov.uk



CSE Resources

- » BANES reporting concern for child- <https://beta.bathnes.gov.uk/report-concern-about-child>
- » Catch 22- <https://www.catch-22.org.uk/offers/missing-and-cse/>
- » Brooks Spotting the Signs of CSE - <https://legacy.brook.org.uk/our-work/spotting-the-signs-cse-national-proforma>
- » BANES CSE leaflet for professionals - [https://www.bathnes.gov.uk/sites/default/files/sitedocuments/Children-and-Young-People/ChildProtection/child sexual exploitation leaflet for professionals - girl picture.pdf](https://www.bathnes.gov.uk/sites/default/files/sitedocuments/Children-and-Young-People/ChildProtection/child_sexual_exploitation_leaflet_for_professionals_-_girl_picture.pdf)
- » BANES Local safeguarding children's board - <https://www.safeguarding-bathnes.org.uk/children/local-safeguarding-children-s-board>
- » Working together to safeguard children (2018)
[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/779401/Working Together to Safeguard-Children.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/779401/Working_Together_to_Safeguard-Children.pdf)
- » Department of Health (2017) Child Sexual exploitation-
[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/591903/CSE Guidance Core Document 13.02.2017.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/591903/CSE_Guidance_Core_Document_13.02.2017.pdf)



Where to access resources

- » **Chlamydia kits** can be ordered from the Avon Chlamydia Screening Office at 0117 342 9299 or by emailing csp.avon@uhbristol.nhs.uk. Please allow 10 working days for orders to be processed.
- » **Pregnancy testing kits** are ordered by the pharmacy themselves, and you are reimbursed to a capped value against each kit used
- » **Ccard packs** and sexual health resources can be ordered from the Healthy Lifestyle Service at Bathnes.healthy lifestyleservice@virgincare.co.uk
- » **Riverside Clinic** - <https://www.ruh.nhs.uk/sexualhealth/>
- » **SAFEBANES** – www.safebanes.com
- » **School Nurses** texting service- School Nurses have a confidential ChatHealth text service. The service is for young people aged 11–19 looking for advice on a wide range of issues such as emotional health and wellbeing, sexual health, bullying as well as support with drugs and alcohol. Text a School Nurse on 07507 334357 between 9am–4pm for confidential advice and support.
- » Local SARC centre – The Bridge <https://www.thebridgecanhelp.org.uk/>
- » **Sexwise**- General sexual health information – www.sexwise.org.uk



Thank you
Any questions?