

Dermatology

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My Role

- Senior Clinical pharmacist at Hartwood Surgery
- Prescriber for an Online Pharmacy
- 18 years experience in Community Pharmacy
- 11 years in General Practice

Aims

- Recognise your existing skills and competencies
- Apply these to a new situation
- Be aware of Dermatology red flags
- Know when to refer and to whom
- Recognise common skin conditions
- Be familiar with the principles of managing skin conditions
- Decide on next steps

What can you do?

- You are experts in medicines
- You are brilliant problem solvers
- Leaders on Medicines Optimisation
- Experienced in responding to symptoms
- A great translator
- Wheel sharers

Scope of red flags

- Worked as a CP for > 10 years
- Dealt with > 10000 discharge summaries
- In all that time I've seen 1 emergency admission due to a skin problem
- They don't happen very often

Red Flags/Urgent referrals

- [Skin Cancers](#)
- [Erythroderma](#)
- [Infected Eczema](#)
 - [Eczema Herpeticum](#)
- Acute Generalised Pustular Psoriasis
- [Drug Eruptions](#)
- [Bullous Pemphigoid](#)
- [Pemphigus Vulgaris](#)

Skin Cancer think ABCDE

- **A**symmetrical lesion
- Irregular **B**order
- Multiple **C**olours/irregular pigmentation
- Large lesions >6mm in **D**iameter
- **E**volving/changing lesion

Generalised Pustular Psoriasis

[More images here](#)



When to refer & to whom

- Dermatology or GP? Even A&E
- BUT these conditions are comparatively rare
- If in doubt refer to GP
- Even if confident, safety net, if no better in x days see your own GP

Learning Outcomes

- Recognize features of common skin conditions – eczema, psoriasis, acne and rosacea
- Understand treatments available that can be prescribed and recommended within a pharmacy setting
- Increase your confidence to treat common skin conditions so patient avoids GP visit
- Discuss upcoming PGDs for using hydrocortisone and also treating impetigo
- Describe top tips on using whole range of treatments that patients may have been prescribed which will aid concordance
- Discuss when patients may need further invention and who patients may be signposted to



Useful resources

- **CPPE Dermatology pocket guide: common skin conditions explained**
- [Clinical Knowledge Summaries](#)
- <https://dermnetnz.org/>